



## The Cornell PULSE

Perceptions of Undergraduate Life and Student Experiences

1 Your satisfaction with Cornell

2 Your academic involvement

3 Your interactions with faculty

4 Changes in your skills and abilities

5 Climate for diversity

6 Extracurricular activities and well-being

7 Your background

Hi there! Thanks for coming. Cornell really needs your input.

Answering the questions in the Cornell PULSE shouldn't take you too much time. There are just seven short sections, with one page per section. It should take 10 minutes or less to go through all seven pages.

We take your privacy very seriously. Results from the PULSE will never be reported in any form that would identify you as an individual. If you find a question that you don't want to answer, just skip it and go on. We still want to hear what you have to say on the other topics.

When you finish these seven pages and hit the final "submit" button, you'll know instantly whether you are a \$15 winner! Every 10<sup>th</sup> survey completed is an automatic winner!

Thanks and good luck!

[Start taking the Cornell PULSE](#)



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Overall, how satisfied have you been with your undergraduate education so far?

- Very satisfied
- Generally satisfied
- Ambivalent
- Generally **dissatisfied**
- Very **dissatisfied**

How satisfied have you been with the following aspects of your Cornell experience during the current academic year?

	Very satisfied	Generally satisfied	Generally <b>dissatisfied</b>	Very <b>dissatisfied</b>
Overall quality of instruction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Academic advising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Administration's responsiveness to student concerns	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social life on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sense of community on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ethnic/racial diversity of the campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diversity of points of view encountered on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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See how quickly this goes??



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During the current academic year, how often have you done each of the following?

	Very often	Often	Occasionally	Rarely or never
Been excited by a class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participated in a class discussion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Applied what you learned in class to a problem or issue outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had an intellectual discussion with other students outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reconsidered your position on a topic after evaluating the arguments of others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Made efforts to educate yourself about diversity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Which of the following have you already done or do you plan to do during your time at Cornell?

	Done	Plan to do	Do not plan to do	Have not decided
Prepare a thesis, honors, or other significant research paper or project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conduct research with a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[If "Research with faculty member" = Done] Was any of this research community-based (i.e., conducted in collaboration with a community partner?)	Yes	No		
Have an internship (practicum, co-op or field experience, or clinical placement)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Study abroad or international exchange	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Off-campus study in the U.S. (including on a different Cornell campus)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participate in a service- or community-based learning course or program	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Great. Next, we want to hear about your experiences with faculty.



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To what extent do you agree or disagree with the following statements?

	Agree strongly	Agree	Disagree	Disagree strongly
Faculty members are willing to talk with me individually	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Faculty members treat me fairly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel I have to work harder than other students to be perceived as a good student	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Faculty members include diverse perspectives in class discussions and assignments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How many faculty members know you well enough to provide a letter of recommendation in support of an application for a job, internship, fellowship, or advanced degree work?

- None
- One
- Two
- Three
- Four
- Five or more

During the current academic year, how often have you done each of the following?

	Very often	Often	Occasionally	Rarely or never
Had an intellectual discussion with a faculty member outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussed your post-college plans with a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worked with a faculty member on activities other than coursework or research (e.g., student organization, campus committee)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**During the current academic year, have you sought advice from your academic advisor(s)?  
If so, did it help you?** (Please select one answer.)

No, I have not sought advice from my academic advisor(s)

Yes, I have sought academic advice ...

... but it was not very helpful

... and it helped some

... and it helped quite a bit

**During the current academic year, have you sought tutoring or academic assistance from  
your college or elsewhere at Cornell (e.g., Learning Strategies Center)? If so, did it help  
you?** (Please select one answer.)

No, I have not sought tutoring or academic assistance

Yes, I have sought tutoring or academic assistance ...

... but it was not very helpful

... and it helped some

... and it helped quite a bit

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**That's important stuff. Thank you.**



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To what extent has your experience at Cornell contributed to your knowledge, skills, and personal development in the following areas?

	Very much	Quite a bit	Some	Very little or none
Broad knowledge in the arts and sciences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In-depth knowledge of a field or discipline	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Career- or work-related knowledge and skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Writing clearly and effectively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communicating well orally	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conducting scholarly research	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thinking critically and analytically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Planning and executing complex projects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using quantitative reasoning and methods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding the process of science and experimentation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Leadership skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relating well to people of different backgrounds and social identities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developing and clarifying a personal code of values or ethics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being able to respectfully discuss controversial issues with others who hold different views	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working effectively as a member of a team	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participating effectively in a diverse, multicultural world	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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You're more than half-way there!



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During this academic year, how often have you had the following interactions with *diverse students* (e.g., students differing from you in race, national origin, sexual orientation, political views or religion) at Cornell?

	Very often	Often	Occasionally	Rarely	Never
Studied or prepared for class together	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Socialized or shared a meal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had meaningful and honest discussions about inter-group relations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Felt comfortable sharing your own experiences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Felt insulted or threatened based on your social identity (e.g., sex, race, national origin, sexual orientation, or values)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Witnessed someone else being insulted or threatened based on some aspect of that individual's social identity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How would you characterize the climate at Cornell for students in the following groups?

	Very respectful	Moderately respectful	Neither respectful nor disrespectful	Moderately disrespectful	Very disrespectful	Don't know
International students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students with disabilities or chronic mental health or medical conditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students of color	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lesbian, gay, bisexual and transgender students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students from lower-income backgrounds	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students of all political views or affiliations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students of all religious or spiritual beliefs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Overall, how would you characterize the climate at Cornell for students *like you* (e.g., students who share your race, sexual orientation, political views, religious beliefs, etc.)?

- Very respectful
- Moderately respectful
- Neither respectful nor disrespectful
- Moderately **dis**respectful
- Very **dis**respectful

To what extent to you agree or disagree with the following statements?

	Agree strongly	Agree	Disagree	Disagree strongly
Cornell demonstrates a strong institutional commitment to diversity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have found a community at Cornell where I feel like I belong	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students here are respectful of one another when discussing controversial issues or perspectives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Just two sections to go!!





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## Did you work for pay this year?

- Yes
- No

**[If worked for pay] Please describe your work for pay. If you had more than one job, answer "yes" if the statement is true for at least one of the jobs.**

	Yes	No
My job was part of a financial aid package (e.g., work-study program)	<input type="radio"/>	<input type="radio"/>
I worked because I needed money for school expenses	<input type="radio"/>	<input type="radio"/>
My job was related to my field of study or future career	<input type="radio"/>	<input type="radio"/>

## Which of the following have you already done or do you plan to do during your time at Cornell?

	Done	Plan to do	Do not plan to do	Have not decided
Volunteer in the community NOT as part of a course	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hold a leadership role on- or off-campus (e.g., in a student organization, community group, club, or team)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## During the current academic year, how often, if ever, have you ...

	Very often	Often	Occasionally	Rarely or never
Felt out of place or that you just didn't fit in on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Felt overwhelmed by all you had to do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Skipped meals or not had enough to eat because of financial constraints	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**What are your thoughts on the following statements about student organizations and teams at Cornell?**

	Always okay	Sometimes okay	Never okay
I <u>believe</u> that humiliating or intimidating new members of a student organization or team is ...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think <u>most Cornell students believe</u> that humiliating or intimidating new members of a student organization or team is ...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**In the past 12 months, have you intervened by saying or doing something *if you were concerned* that someone ...**

	Have not had this concern	Was concerned and intervened	Was concerned but did not intervene
Was being sexually harassed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was at risk of being sexually assaulted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was being hazed in a group, team or organization	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was in an emotionally or physically abusive relationship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was severely intoxicated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was in emotional distress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Was being harassed based on their race, sexual orientation, gender identity, religion, disability or other identity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**On how many of *the past seven days* did you get enough sleep so that you felt rested when you woke up?**

0      1      2      3      4      5      6      7

Approximately how many people in your life do you feel like you can talk to when you are feeling sad, anxious, or depressed?

None	1	2	3	4	5	6 or more
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During the last year, how many times have you experienced the following?

	Never	1 to 2 times	3 to 4 times	5 or more times
Was unable to function academically (e.g., missing classes, unable to study or complete homework) for at least a week due to depression, stress or anxiety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Seriously considered attempting suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Actually attempted suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If the preceding questions have raised thoughts regarding your own or another's mental health, we encourage you to seek support. To speak with a counselor, call Counseling and Psychological Services at 255-5155 or visit one of the Let's Talk [[www.gannett.cornell.edu/services/counseling/caps/talk/index.cfm](http://www.gannett.cornell.edu/services/counseling/caps/talk/index.cfm)] walk-in sites across campus. The Gannett Health Services website [[www.gannett.cornell.edu](http://www.gannett.cornell.edu)] provides information about these and other support services at Cornell and in the community.

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Finally, we'd like to ask a few questions about your background. Then you are done!



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Which of the following best describes your gender identity? Mark all that apply.

- Agender
- Androgyne
- Demigender
- Genderqueer or gender fluid
- Man
- Questioning or unsure
- Trans man
- Trans woman
- Woman
- Other gender identity. Please specify:
- Prefer not to disclose

What is your sexual orientation? Mark all that apply.

- Asexual
- Bisexual
- Gay
- Straight (heterosexual)
- Lesbian
- Pansexual
- Queer
- Questioning or unsure
- Same-gender loving
- Other sexual orientation. Please specify:
- Prefer not to disclose

**What is your race or ethnicity? Mark all that apply, including subcategories.**

<input type="radio"/>	American Indian or Alaska Native	With which, if any, of these subgroups do you identify?	Alaska Native/Aleut; Cherokee; Chippewa; Choctaw; Mohawk; Navajo; Seneca; Sioux; Other Iroquois Nation; Other American Indian
<input type="radio"/>	Asian	With which, if any, of these subgroups do you identify?	Chinese; Filipino; Indian; Japanese; Korean; Vietnamese; Pakistani; Other Southeast Asian; Other East Asian; Other Indian Subcontinent; Other Asian
<input type="radio"/>	Black or African American	With which, if any, of these subgroups do you identify?	U.S./African American; African; Caribbean; South American; Other Black
<input type="radio"/>	Hispanic or Latino	With which, if any, of these subgroups do you identify?	Central American; Cubano; Mexican/Chicano; Puerto Rican; South American Latino; Spanish; Other Hispanic/Latino
<input type="radio"/>	Native Hawaiian or Other Pacific Islander	With which, if any, of these subgroups do you identify?	Guamanian; Hawaiian Native; Samoan; Other Pacific Islander
<input type="radio"/>	White	With which, if any, of these subgroups do you identify?	European; Middle Eastern; Other White

**Are you a veteran of the U.S. Armed Forces, Military Reserves, or National Guard?**

- Yes  
 No

**Do you have any of the following disabilities or chronic conditions?**

- Learning disability or ADHD  
 Mobility or sensory disability (e.g., prosthetic, spinal cord injury, hard of hearing, low vision, etc.)  
 Chronic mental health condition (e.g., depression, PTSD, etc.)  
 Chronic medical condition (e.g., cystic fibrosis, diabetes, chronic pain, etc.)  
 Other disability or chronic condition (please specify):  
 None of the above

**Which religious, spiritual, or philosophical tradition do you practice or identify with? Mark all that apply.**

- Protestant
- Roman Catholic
- Another type of Christian (e.g., Orthodox, LDS, etc.)
- Buddhist
- Hindu
- Jewish
- Muslim
- Atheist
- Some other religious, spiritual, or philosophical tradition
- Spiritual but do not identify with a religious tradition or group
- None

**How would you describe your political views?**

- Very liberal
- Liberal
- Moderate/Middle-of-the-road
- Conservative
- Very conservative
- Something else
- Haven't thought that much about it

**Did any of your parents or guardians complete a college degree (Bachelor's or higher)?**

- Yes
- No

**Which of the following best describes your social class when you were growing up?**

- Low income
- Working class
- Middle class
- Upper-middle or professional class
- Wealthy

**Do you have other feedback you would like to share about your Cornell experience? Please use this space to elaborate.**

**When you submit this page, you'll see if you are an instant winner.**

Submit (page 7 of 7) and you're done!