



## The Cornell PULSE

Perceptions of Undergraduate Life and Student Experiences

**1** Your satisfaction with Cornell

**2** Your academic involvement

**3** Your interactions with faculty

**4** Changes in your skills and abilities

**5** Climate for diversity

Extracurricular activities and well-being

**7** Your background

Hi there! Thanks for coming. Cornell really needs your input.

Answering the questions in the Cornell PULSE shouldn't take you too much time. There are just seven short sections, with one page per section. It should take 10 minutes or less to go through all seven pages.

We take your privacy very seriously. Results from the PULSE will never be reported in any form that would identify you as an individual. If you find a question that you don't want to answer, just skip it and go on. We still want to hear what you have to say on the other topics.

When you finish these seven pages and hit the final "submit" button, you'll know instantly whether you are a \$10 winner! Every 10<sup>th</sup> survey completed is an automatic winner!

Thanks and good luck!

[Start taking the Cornell PULSE](#)



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How would you evaluate your entire educational experience at Cornell University?

- Poor
- Fair
- Good
- Excellent

How satisfied have you been with the following aspects of your Cornell experience during the current academic year?

	Very <b>dissatisfied</b>	Generally <b>dissatisfied</b>	Generally satisfied	Very satisfied
Overall quality of instruction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Academic advising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Administration's responsiveness to student concerns	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social life on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sense of community on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ethnic/racial diversity of the campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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See how quickly this goes??



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## During the current academic year, how often have you done each of the following?

	Rarely or never	Occasionally	Often	Very often
Been excited by a class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participated in a class discussion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Applied what you learned in class to a problem or issue outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had an intellectual discussion with other students outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reconsidered your position on a topic after evaluating the arguments of others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Made efforts to educate yourself about diversity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Asked a librarian or staff member for help in finding information on some topic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Which of the following have you already done or do you plan to do during your time at Cornell?

	Done	Plan to do	Do not plan to do	Have not decided
Prepare a thesis, honors project, or other significant research paper	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have an internship (practicum, co-op or field experience, or clinical placement)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Study abroad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participate in community service as part of a course (e.g., service learning course)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participate in community service NOT as part of a course	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Take courses offered outside your undergraduate college	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conduct research with a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

This includes non-quantitative methods such as literary analysis, ethnography, etc.

**[if "Conduct research" = "done"] How did you find out about your research opportunity? Mark all that apply.**

- I contacted faculty members to ask about research opportunities with them
- I talked with my academic or staff advisor
- I was recruited directly by a faculty member or TA
- I received a general email announcement about it
- I found it on a Cornell website
- It was a structured part of a class or program I was enrolled in (e.g., CPRS, Biology Scholars)
- It was announced in class
- I heard about it from another student
- Other (please explain):

**[if "Conduct research" = "do not plan to do"] Which of the following reasons describe why you are not planning to conduct research with a faculty member? Mark all that apply.**

- I have been or will be involved in other research experiences
- I don't have time in my schedule to do research
- I don't know how to find a research opportunity
- I need to make money and have not found a paid research opportunity
- I have applied for one or more research opportunities but have not been able to secure one
- Research is not relevant to my future career
- I am not interested in conducting research
- Other (please explain):

**During a typical week this academic year, approximately how many hours do you spend on your academic work?**

	Hours per week:							
	None	1-5	6-10	11-15	16-20	21-25	26-30	> 30
Attending scheduled classes or labs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working on academic work outside of class or lab (e.g., homework, research project, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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**Great. Next, we want to hear about your experiences with faculty.**



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To what extent do you agree or disagree with the following statements?

	Strongly disagree	Disagree	Agree	Strongly agree
Faculty members are willing to talk with me individually	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Faculty members treat me fairly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel I have to work harder than other students to be perceived as a good student	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Faculty members include diverse perspectives in class discussions and assignments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How many professors know you well enough to provide a letter of recommendation in support of an application for a job, internship, fellowship, or advanced degree work?

None
  One
  Two
  Three
  Four or more

During the current academic year, how often have you done each of the following?

	Rarely or never	Occasionally	Often	Very often
Had an intellectual discussion with a faculty member outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussed your post-college plans with a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worked with a faculty member on activities other than coursework or research (e.g., student organization, campus committee)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**During the current academic year, have you sought advice from your academic advisor(s)?  
If so, did it help you? (Please select one answer.)**

No, I have not sought advice from my academic advisor(s)

Yes, I have sought academic advice ...

... but it was not very helpful

... and it helped some

... and it helped quite a bit

**During the current academic year, have you sought tutoring or academic assistance from  
your college or elsewhere at Cornell (e.g., Learning Strategies Center)? If so, did it help  
you? (Please select one answer.)**

No, I have not sought tutoring or academic assistance

Yes, I have sought tutoring or academic assistance ...

... but it was not very helpful

... and it helped some

... and it helped quite a bit

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**That's important stuff. Thank you.**



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To what extent has your experience at Cornell contributed to your knowledge, skills, and personal development in the following areas?

	Very little or none	Some	Quite a bit	Very much
Broad knowledge in the arts and sciences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In-depth knowledge of a field or discipline	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Career- or work-related knowledge and skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Writing clearly and effectively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communicating well orally	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conducting scholarly research	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thinking critically and analytically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Planning and executing complex projects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using quantitative reasoning and methods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding the process of science and experimentation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Leadership skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relating well to people of different backgrounds and social identities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developing and clarifying a personal code of values or ethics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participating effectively in a diverse, multicultural world	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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You're more than half-way there!



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**During this academic year, how often have you had the following interactions with *diverse students* (e.g., students differing from you in race, national origin, sexual orientation, political views) at Cornell?**

	Rarely or never	Occasionally	Often	Very often
Studied or prepared for class together	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Socialized or shared a meal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had meaningful and honest discussions about inter-group relations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Felt comfortable sharing your own experiences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Felt insulted or threatened based on your social identity (e.g., sex, race, national origin, sexual orientation, or values)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Witnessed someone else being insulted or threatened based on some aspect of that individual's social identity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How would you characterize the climate at Cornell for students in the following groups?**

	Very disrespectful	Moderately disrespectful	Neither respectful nor disrespectful	Moderately respectful	Very respectful	Don't know
International students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students with disabilities or chronic medical conditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students of color	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lesbian, gay, bisexual and transgender students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Women	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students from lower-income backgrounds	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students of all political views or affiliations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students of all religious or spiritual beliefs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Overall, how would you characterize the climate at Cornell for students like you (e.g., students who share your race, sexual orientation, political views, religious beliefs, etc.)?

- Very **dis**respectful
- Moderately **dis**respectful
- Neither respectful nor disrespectful
- Moderately respectful
- Very respectful

To what extent to you agree or disagree with the following statements?

	Strongly <b>dis</b> agree	<b>Dis</b> agree	Agree	Strongly agree
Cornell demonstrates a strong institutional commitment to diversity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have found a community at Cornell where I feel like I belong	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students here are respectful of one another when discussing controversial issues or perspectives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Just two sections to go!!



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**During a typical week** this academic year, approximately how many hours do you spend on:

	Hours per week:							
	None	1-5	6-10	11-15	16-20	21-25	26-30	> 30
Working for pay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical fitness activities (exercise, sports, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participating in other extracurricular activities (student organizations, fraternity or sorority, community service, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree or disagree with the following statement?

**I enjoy what the Greek system contributes to Cornell University.**

Strongly disagree

Disagree

Agree

Strongly agree

**What are your thoughts on the following statements about student organizations and teams at Cornell?**

Always okay

Sometimes okay

Never okay

I believe that humiliating or intimidating new members of a student organization or team is ...

I think most Cornell students believe that humiliating or intimidating new members of a student organization or team is ...

How frequently have you used a prescription stimulant (e.g., Ritalin, Adderall, or Concerta) to enhance your academic performance (e.g., stay awake for long hours), without having your own prescription for the medication?

- Never
- Have used, but not in the past year
- Have used in the past year, but not in the past 30 days
- Have used one or two times in the past 30 days
- Have used three or more times in the past 30 days

Have you seen any posters about alcohol use that look like this?



- Yes
- No
- I don't recall

On average, how many alcoholic drinks do you consume when you drink? (Note: one drink is defined as a bottle of beer, a glass of wine; or a shot of liquor)

- I don't drink      1      2      3      4      5      6      7      8      9 or more
- 

[if average number of alcoholic drinks consumed = 1 or more drinks]  
Think back over the last two weeks.

**For men**, on how many occasions, if any, have you had five or more alcoholic drinks?

**For women**, on how many occasions, if any, have you had four or more alcoholic drinks?

- 0      1      2      3      4      5      6      7      8      9 or more
-

[if average number of alcoholic drinks consumed = 1 or more drinks]

Please indicate all the locations where you have consumed alcohol in the past month. Mark all that apply.

- Cornell residence hall
- Cornell fraternity or sorority house
- Cornell fraternity or sorority annex or apartment
- Other off-campus apartment or residence in Ithaca
- Ithaca area bar or restaurant
- Other Ithaca location
- Away from Ithaca during Spring Break

Approximately how many people in your life do you feel like you can talk to when you are feeling sad, anxious, or depressed?

- None      1      2      3      4      5      6 or more
- 

During the last year, how many times have you experienced the following?

	Never	1 to 2 times	3 to 4 times	5 or more times
Was unable to function academically (e.g., missing classes, unable to study or complete homework) for at least a week due to depression, stress or anxiety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Seriously considered attempting suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Actually attempted suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If the preceding questions have raised thoughts regarding your own or another's mental health, we encourage you to seek support. To speak with a counselor, call Counseling and Psychological Services at 255-5155 or visit one of the Let's Talk [[www.gannett.cornell.edu/services/counseling/caps/talk/index.cfm](http://www.gannett.cornell.edu/services/counseling/caps/talk/index.cfm)] walk-in sites across campus. The Gannett Health Services website [[www.gannett.cornell.edu](http://www.gannett.cornell.edu)] provides information about these and other support services at Cornell and in the community.

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Finally, we'd like to ask some questions about your background. Then you are done!



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### How do you identify? As:

- Male
- Female
- Transgender/gender-variant

### What is your sexual orientation?

- Straight/heterosexual
- Gay, lesbian or bisexual
- Queer
- Questioning
- Not specified

### What is your race or ethnicity? Mark all that apply, including subcategories.

<input type="radio"/>	American Indian or Alaska Native	With which, if any, of these subgroups do you identify?	Alaska Native/Aleut; Cherokee; Chippewa; Choctaw; Mohawk; Navajo; Seneca; Sioux; Other Iroquois Nation; Other American Indian
<input type="radio"/>	Asian	With which, if any, of these subgroups do you identify?	Chinese; Filipino; Indian; Japanese; Korean; Vietnamese; Pakistani; Other Southeast Asian; Other East Asian; Other Indian Subcontinent; Other Asian
<input type="radio"/>	Black or African American	With which, if any, of these subgroups do you identify?	U.S./African American; African; Caribbean; South American; Other Black
<input type="radio"/>	Hispanic or Latino	With which, if any, of these subgroups do you identify?	Central American; Cubano; Mexican/Chicano; Puerto Rican; South American Latino; Spanish; Other Hispanic/Latino
<input type="radio"/>	Native Hawaiian or Other Pacific Islander	With which, if any, of these subgroups do you identify?	Guamanian; Hawaiian Native; Samoan; Other Pacific Islander
<input type="radio"/>	White	With which, if any, of these subgroups do you identify?	European; Middle Eastern; Other White

**Are you a veteran of the U.S. Armed Forces, Military Reserves, or National Guard?**

- Yes
- No

**Do you have any of the following disabilities or medical conditions?**

	No	Yes
Learning disability or ADHD	<input type="radio"/>	<input type="radio"/>
Physical or sensory disability (epilepsy, cerebral palsy, deaf/hard of hearing, etc.)	<input type="radio"/>	<input type="radio"/>
Chronic mental health condition (depression, PTSD, etc.)	<input type="radio"/>	<input type="radio"/>
Other (please specify):	<input type="radio"/>	<input type="radio"/>

**Which religious, spiritual, or philosophical tradition do you practice or identify with?**

- Roman Catholic
- Mainline Protestant (e.g., Baptist, Methodist, Episcopalian)
- Evangelical Protestant
- Another type of Christian (e.g., Orthodox, LDS, etc.)
- Buddhist
- Hindu
- Jewish
- Islam
- Some other religious, spiritual, or philosophical tradition
- Spiritual but do not identify with a religious tradition or group
- Atheist
- None

**How would you describe your political views?**

- Very liberal
- Liberal
- Moderate/Middle-of-the-road
- Conservative
- Very conservative
- Something else
- Have not decided

**Did either of your parents or guardians complete a college degree (Bachelor's or higher)?**

- Yes
- No

**Which of the following best describes your social class when you were growing up?**

- Low income or poor
- Working class
- Middle class
- Upper-middle or professional class
- Wealthy

**Do you have other feedback for us about your Cornell experience? Please use this space to elaborate.**

When you submit this page, you'll see if you are an instant winner.

Submit (page 7 of 7) and you're done!